



# THE OFFICE OF PEER RECOVERY & ENGAGEMENT

CERTIFIED PEER SUPPORT WORKER  
TRAINING AND DEVELOPMENT

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## **OPRE (Office of Peer Recovery and Engagement) Training and Certification**

**Peers incorporate a full range of social services that facilitate recovery, wellness, and connection to and among service providers.**

**Certified Peer Support Workers (CPSWs) are key providers of emotional and social support for those experiencing similar life challenges. Their empathy, understanding, and personal stories offer a unique and powerful form of assistance.**

**CPSWs are instrumental in helping peers navigate the complexities of the healthcare system, access necessary services, and advocate for their rights and needs. They offer vital information on health, wellness, recovery strategies, and resources, empowering peers to manage their conditions and improve their quality of life.**

**Beyond individual support, CPSWs work to build strong community connections and reinforce relationships with family, friends, and other support networks. They often lead group meetings or activities that promote social interaction and mutual aid.**

**By demonstrating resilience and a commitment to recovery, CPSWs act as mentors, guiding peers through their recovery journeys and supporting them in setting and achieving personal goals. Research underscores the positive impact of peer support services in behavioral health, highlighting the significant role CPSWs play in fostering recovery and well-being.**

**To become a peer and work within your community, please visit [nmrecovery.org](https://nmrecovery.org) for a full list of guidelines to apply and requirements for registration.**